

# MENU CYCLE WEEK ONE

AUTUMN TERM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Chicken Nuggets	Beef Lasagne	Chicken Tikka Wrap	Savoury Mince	Fish Fingers
VEGETARIAN	Vegetable Nuggets	Vegetarian Lasagne	Vegetable Casserole	Cheese & Potato Pie	Margherita Pizza
STARCHY FOOD	Potato Croquettes	Garlic Bread	Seasoned Wedges	Yorkshire Pudding Mashed Potatoes	Chips
VEGETABLE	Mixed Vegetables	Baked Beans Peas	Sweetcorn	Carrots Broccoli	Baked Beans
DESSERT	Chef's Cookie	Jam & Coconut Sponge	Strawberry Yoghurt & Fruit Salad	Apple Crumble & Custard	Lemon Drizzle Cake
AVAILABLE DAILY	Jacket Potatoes with Cheese, Beans or Tuna Sandwiches with Ham, Cheese and Tuna Salad Bar				



## Food Allergies and Intolerance

If you require information on allergens or suffer from a food intolerance, please speak to a Team Member before you order your food and drinks.



# MENU CYCLE WEEK TWO

AUTUMN TERM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	All Day Breakfast	Spaghetti Bolognese	Pizza Burger	Roast Chicken	Fish Portion
VEGETARIAN	Vegetarian All Day Breakfast	Vegetable Bolognese	Cheese & Onion Quiche	Vegetarian Cottage Pie	Vegetable Burger
STARCHY FOOD	Hash Browns	Garlic Bread	Seasoned Wedges	Mashed Potatoes Yorkshire Pudding	Chips
VEGETABLE	Baked Beans	Peas	Sweetcorn Baked Beans	Carrots Broccoli	Baked Beans
DESSERT	Shortbread	Sticky Chocolate Brownie	Vanilla Sponge & Custard	Fruit Jelly	Cornflake Bun
AVAILABLE DAILY	Jacket Potatoes with Cheese, Beans or Tuna Sandwiches with Ham, Cheese and Tuna Salad Bar				



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# MENU CYCLE WEEK THREE

AUTUMN TERM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Pepperoni Pizza	Sweet Chilli Chicken	Sausage	Roast Gammon	Fish Fingers
VEGETARIAN	Margherita Pizza	Vegetable Spring Roll with Sweet Chilli Sauce	Vegetarian Sausage	Cheese & Onion Pasty	Vegetable Fingers
STARCHY FOOD	Seasoned Wedges	Rice	Mashed Potato	Roast Potatoes Yorkshire Pudding	Chips
VEGETABLE	Baked Beans	Sweetcorn	Peas Gravy	Carrots Broccoli Gravy	Baked Beans
DESSERT	Vanilla Muffin	Chocolate Sponge & Custard	Iced School Cake	Butterscotch Whip	Freshly Baked Cookie
CARBS	Jacket Potatoes with Cheese, Beans or Tuna Sandwiches with Ham, Cheese and Tuna Salad Bar				



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