

MENU CYCLE WEEK ONE

Autumn TERM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Chicken Nuggets	Beef Chilli Nachos	Sausage Toad in the Hole	Fish Fillet	Chinese Chicken Curry
VEGETARIAN	Vegetable Nuggets	Macaroni Cheese	Cheese & Onion Quiche	Vegetable Burger	Vegetable Spring Roll
STARCHY FOOD	Potato Wedges	Garlic Bread	Mashed Potatoes	Chips	Egg Fried Rice
VEGETABLE	Garden Peas Baked Beans	Sweetcorn	Diced Carrots & Cabbage	Baked Beans	Steamed Vegetables
DESSERT	Chocolate & Orange Sponge	Pear and Cinnamon Muffin	Syrup Sponge & Custard	Trifle	Cookie
AVAILABLE DAILY	Jacket Potatoes with Cheese, Beans or Tuna Sandwiches with Ham, Cheese and Tuna Salad Trolley				



Food Allergies and Intolerance

If you require information on allergens or suffer from a food intolerance, please speak to a Team Member before you order your food and drinks.



MENU CYCLE WEEK TWO

Autumn Term

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Sausage Roll	Chicken Parma	Wholemeal French Bread pizza	Chicken Casserole with Dumplings	Southern Style Chicken
VEGETARIAN	Vegetarian Sausage Roll	Vegetable Burger Parma	Cheese & Onion Toastie	Vegetable Casserole & Dumplings	Vegetable Fingers
STARCHY FOOD	Sweet Potato Fries	Seasoned Wedges	Diced Potatoes	Mashed Potato	Chips
VEGETABLE	Baked Beans	Peas & Sweetcorn	Baked Beans Mixed Vegetables	Mixed Vegetables	Curry Sauce Baked Beans
DESSERT	Iced Lemon Shortbread	Blueberry Sponge and Custard	Assorted Jellies or Mousse	Carrot Cake	Cookie
AVAILABLE DAILY	Jacket Potatoes with Cheese, Beans or Tuna Sandwiches with Ham, Cheese and Tuna Salad Trolley				



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MENU CYCLE WEEK THREE

Autumn Term

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Popcorn Chicken in a Wholemeal Wrap	Ham & Cheese Pizza	Chicken Meatballs in Tomato Sauce	Fish Fingers	Lemon & Herb Chicken Flatbread
VEGETARIAN	Cheese & Onion Roll	Margherita Pizza	Roast Vegetable Ragu	Cheese and Baked Bean Wrap	Vegetable & Chickpea Hotpot
STARCHY FOOD	Diced Seasoned Potatoes	Potato Wedges	Penne Pasta Garlic Slice	Chips	Roast Vegetable Couscous
VEGETABLE	Baked Beans	Baked Beans Sweetcorn	Peas & Sweetcorn	Baked Beans Mushy Peas Curry Sauce	Steamed Vegetables
DESSERT	Fruit Muffins	Chocolate Crunch & Custard	Sticky Toffee Pudding	Jelly or Mousse	Biscuit
	Jacket Potatoes with Cheese, Beans or Tuna Sandwiches with Ham, Cheese and Tuna Salad Trolley				

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